

## OHSU opens research study, seeks children, adults

— by Lina A.J. Reiss, Ph.D.

The goal of the Cochlear Implant and Hearing Aid Research Laboratory is to improve speech and music perception with hearing aids and cochlear implants.

The specific research topics include pitch perception, speech perception, combined cochlear implant and hearing aid use, and new cochlear implant processing strategies to improve speech perception in noise.

Our research studies are open to children and adults (ages 10 to 75 years old) who wear two hearing aids, have two cochlear implants, or a hearing aid and a cochlear implant together. Participants are compensated for their time.

To learn more about ongoing research studies that you may qualify for, please contact: Lina A.J. Reiss, Ph.D. Principal Investigator Cochlear Implant and Hearing Aid Research Laboratory, OHSU reiss@ohsu.edu, (503)-494-5868

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## Auditory Training: What is it and who is it for? Can it help everyone? - by Stu Nunnery

### What is auditory training?

Auditory training is a technique used to enhance listening skills and improve speech understanding. It involves focused listening activities designed to optimize speech perception by training the cognitive processes that play a role in listening. Improvements in speech understanding can often be seen for hearing aid wearers, even when listening in difficult noisy environments.

Procedures and techniques used in auditory training evolve. Advances in technology have increased the range of services available for those with hearing devices. Now, computers and training programs have made auditory training possible in your own home.

### How Does It Work?

Cortical areas of the brain go through a kind of reorganization when a brain deprived of sound is given access to sound again with the use of hearing aids. It is thought that during this reorganization process, the auditory system is especially sensitive to the positive effects of auditory training. Computer-based auditory training



Austin Distel for Unsplash

exercises usually involve a number of watching and listening activities that may be performed to improve speech comprehension over time.

### Who Does It Work For?

Auditory training is generally practiced by those who have had a recent change in their hearing function. For example, recent cochlear implant (CI) recipients may benefit from intensive auditory training along with the initial activation of the CI.

Other auditory training candidates include adults with sudden hearing loss, people who have switched to different hearing aid signal processing schemes, and individuals who are beginning a new job or training program that de-

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# I'M ALL EARS ...

Editorial by Jeanne Fenimore Levy



*Jeanne is a Hillsboro, Ore., resident who lost a significant portion of her hearing in the 1970s and despaired for her future. Hearing aids helped, though, and eventually she realized that coping with hearing loss was possible and, in fact, the only way to go.*

A rainy winter is upon us — not so unusual for Oregon — and so is the next stage of our pandemic with the omicron variant. As if the weather weren't depressing enough, even though we are vaccinated we are staying home and wearing masks when we are out due to this variant's fast spread and many "break through" infections.

For those who need help dealing with the emotional stress of the pandemic, check out <https://www.safestrongoregon.org/>. The Oregon Health Authority has many good tips and information on warning signs for those who are finding the pandemic super stressful.

I told you in the fall newsletter that I was shopping for new hearing aids and would let you know what transpired.

My United Healthcare Medicare insurance plan covers part of the cost for aids, and the first provider I saw thought

the copay would be low. That was before my hearing was tested. I missed quite a few words in the listening/repeating test. The provider suggested turning up the volume a little, even though it seemed loud to me. However, my score went up.

I got it! It might have sounded loud at first, but I was actually hearing as I should, and wasn't that the way it was for all of us when we first got our hearing corrected. I also listed some of the challenges I might have — like meetings or events in a large building where voices echo or are muffled behind masks.

This led the provider to prescribe standard aids at a \$2,150 copay for both, or premium aids at \$4,150 (both). Yes, that's the copay. On top of that is the three-year care contract for \$998.

I felt a little bit as though I were being hustled. These copays were pretty high. I said I would think about this and let them know.

I then made another appointment at a different clinic. To save some time I asked the first provider for a copy of my hearing test. You have a right to the test. It's portable, since you or your insurer pays for it.

So my story continues. I could settle for cheaper aids that might amplify sound enough for me to get by, but I really want to hear what my grandchildren whisper — and I really don't want to answer any questions with inappropriate responses.

My right aid has quit working entirely, so I really can't wait to get replacement devices — as soon as I decide which ones.

Contact me by emailing [femminismo@gmail.com](mailto:femminismo@gmail.com). Let me know what sort of articles you would like to see in your newsletter.

## HAAA, Oregon State Association OFFICERS & BOARD MEMBERS

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## HEAR IT IS! #88

Published quarterly by the HAAA, Oregon State Association, Inc., P.O. Box 22501, Eugene, OR 97402.

Jeanne Levy, editor; and Eileen Marma, business editor.

Hear It Is! will regularly print your hearing loss-

related stories — personal experiences, coping strategies, and evaluations of technology are welcomed. Maximum word count is 500 words.

Article contributions should be made to the editor at [info@hearinglossOR.org](mailto:info@hearinglossOR.org).

For advertising information and rates, contact Eileen Marma at [info@hearinglossOR.org](mailto:info@hearinglossOR.org). Deadline for Spring 2022, March 8.

**Website:**

<https://www.hlaa-or.org/>.

## Auditory training, *continued from page 1*

mands a lot of listening.

Patients who have not made reasonable improvements in hearing function and speech comprehension after a hearing aid fitting are also reasonable candidates, as are those who have adjusted to their aids but wish to use auditory training to further enhance their speech comprehension.

Despite this, the majority of adults working with audiologists are not aware of auditory training as a treatment option. Additionally, few adult patients are referred for auditory training because this type of rehabilitation is not usually reimbursed and because many audiologists simply do not go beyond the fitting and servicing of hearing devices.

### **Formal Vs Informal Listening Activities**

“Formal listening activities” in auditory training differs from the auditory “learning” that takes place whenever hearing aid users are simply listening to speech. The new amplified signals often sound a bit different; even strange. Audiologists and hearing instrument specialists have always counseled new hearing aid users that it may take some time for them to “get used to” the new sounds the hearing aids are providing to their ears and their brains.

In fact, a great deal of informal “auditory training” takes place during the initial hearing aid (and cochlear implant) adjustment phase. Hearing-impaired people are constantly trying to make sense of speech signals that are distorted in some fashion.

Photo by Maxime on Unsplash



## 2022 HLA board meetings

You are invited to attend and participate in the quarterly meetings of the Hearing Loss Association of Oregon

board. The first meeting of 2022 on Jan. 8, was held; next meetings on Zoom are April 2, 2022; July 9, 2022; and Oct. 1, 2022. Meetings are held on Zoom. To confirm meeting dates and times, please contact John Hood-Fysh, [jhoodfysh@gmail.com](mailto:jhoodfysh@gmail.com) or send email to [info@hearinglossOR.org](mailto:info@hearinglossOR.org). You can also telephone 1-800-413-0691. Please leave a message.

Listening to speech is always a bit of a guessing game in which people use their knowledge of the language and the context to fill in the acoustic gaps and distortions of the incoming speech signals. The good news is that people do get better at this over time.

A formal listening program of auditory training assumes that hearing aid users have completed this initial adjustment stage, i.e., that they have reached a plateau in their listening skills and are now ready to attempt to further improve their performance through explicit training.

Auditory training was rarely used clinically for several reasons. One, it does not lend itself to group lessons. It must be practiced on a one-to-one basis. The other reason was that supporting research attesting to its value was relatively sparse and did not appear to justify the time and expense that the activity required. This view has been changing in the last decade or so, thanks to developments in three areas.

### **The Cochlear Implant**

The auditory sensations that the first generation of CI users received was so different from what they had been used to, they needed help in adjusting to — and learning to comprehend — these new and strange sound sensations.

This is similar to orthopedic patients who receive physical therapy after some sort of surgery (hip, knee, shoulder, etc.). In other words, if physical therapy helped people with post-surgical physical issues, why wouldn't auditory therapy (training) be similarly helpful for people with hearing problems? And why limit therapy only to CI users? Why not people wearing hearing aids as well?

### **The Brain**

The second of these developments was the emerging appreciation of the neuroplasticity of the brain (once viewed as immutable), now beginning to be seen as malleable and subject to modification. It now

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HLAA is one organization – national office, state offices and associations, and HLAA chapters – all working to open the world of communication to people with hearing loss through information, education, support and advocacy.

Membership dues are: individual, \$45 per year; and a couple/family is \$55. Professionals and nonprofits pay \$80. Membership includes the award-winning bimonthly magazine, *Hearing Life*.

Write to HLAA, 7910 Woodmont Ave., Ste. 1200, Bethesda, MD 20814. Or you may call 301/657-2248 (voice), 301/913-9413 (fax) or online at [www.hearingloss.org](http://www.hearingloss.org).

Join and become a hearing advocate.

“We must be willing to let go of the life we have planned, so as to have the life that is waiting for us.”  
– E.M. Forster

## Auditory training, *continued from page 3*

appears that changes take place in the central nervous system as a result of repeated exposure to meaningful auditory stimuli in a training situation. In other words, it seems that old dogs can learn new tricks.

### The Computer and the Internet

The third development is the widespread use of the personal computer and familiarity with the internet. Before this, it was not economically practical for clinicians to offer this service.

To be effective, therapy has to be conducted frequently and over a relatively long period of time. Any practice or agency concerned with the bottom line simply couldn't afford to offer it as a routine clinical procedure.

With personal computers and/or online training, it's now pos-

sible for people to conduct frequent training sessions at home, at a great savings in cost and time. The most effective model is a combination clinical and home activity where the professionals can interact with the clients to monitor and provide assistance when needed.

### Does It Help Improve Listening Skills?

The short answer is “yes,” provided the program is appropriate and sufficiently intensive. The best results were obtained with the more intensive programs (longer duration and more sessions per week).

Recent research on auditory training has focused on home-based training programs, with results that are even more promising than the early studies. ■

From HLAA: Here are some auditory listening programs that can be done on the computer. Mention does not imply HLAA endorsement; exclusion of other products does not imply disapproval. Angel Sound — <http://angelsound.tigerspeech.com>; Customized Learning Exercises for Aural Rehab — <https://www.clearworks4ears.com>; LACE (Listening and Communication Enhancement): Therapy for the Brain, [neurotone.com/lace-interactive-listening-program](http://neurotone.com/lace-interactive-listening-program); Postit Science: Brain Fitness Program, [PositScience.com](http://PositScience.com)

## CODA – a child of deaf parents

This original AppleTV film stars Marlee Matlin, Troy Kotsur, Daniel Durant, and Emilia Jones in CODA, a 2021 production and coming-of-age comedy-drama film. The film stars Jones as the eponymous CODA (child of deaf adults), the only hearing member of a deaf family.

An international co-production between the United States, France and Canada, the film was filmed on location in Gloucester, Massachusetts.

CODA had its premiere Jan. 28, 2021, at Sundance Film Festival. Apple acquired distribution rights. It garnered positive reviews and was named one of the top 10 films of 2021 by the American Film Institute. It was also nominated for Best Motion Picture - Drama and Best Supporting Actor (for Kotsur) at the 79th Golden Globe Awards.

As a CODA, Ruby is the only hearing person in her deaf family. When the family's fishing business is threatened, Ruby finds herself torn between pursuing her love of music by wanting to go to Berklee College of Music and her fear of abandoning her parents.

The film is a comedy, a drama, and has music. Some viewers found the film a little predictable, but otherwise it is a tender story about the many choices that complicate life. ■

# Oregon Relay . . .

Everyone deserves to  
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Just dial 7-1-1



Oregon Relay is a free service that allows individuals who are deaf, hard of hearing, deaf-blind, or who has a speech disability to place and receive calls through specially trained relay operators. There are several forms of Oregon Relay services, depending on the needs of the individual and the telephone equipment that they use.

**For more information:**

[www.oregonrelay.com](http://www.oregonrelay.com)  
SprintTRSCustServ@sprint.com (Email)  
800-676-3777 (TTY / Voice)  
877-877-3291 (Fax)  
877-787-1989 (Speech-disabled)  
866-931-9027 (Voice Carry-Over)  
800-676-4290 (español)



# Karen Swezey - a mentor, inspiration, friend

— by Cheryl Davis

I've been trying to figure out what to say about the loss of Karen Swezey this week.

I can't say she was a tireless advocate for people with hearing loss. When I first met her, she was tired, frustrated, and pretty fed up with advocating to the same organizations over and over but not seeing any real change.

I was hired for a position that was to educate public institutions about accommodating people with hearing loss or who were Deaf. She was on the interview committee and did not support my hire. In fact, she cried when they told

her. She knew I didn't "get it" about the hearing loss community.

What she didn't know was that after 20 years I finally understood that and was ready to learn.

She wasn't tireless, but she never gave up. She left an invitation for me to reach out to her and I did.

She shared her family's story of genetic, progressive hearing loss and exposed me to the hearing loss community, where I met many wonderful people who kept the education going. I made it my mission to teach others, who I know had

the same lack of knowledge and understanding as I had.

Anyone who has been to one of my trainings has heard this story.

Karen was my mentor, inspiration, and friend. She and her friends enriched my life in ways I can't describe – they also taught me to quilt – and I will always be grateful for her leadership, friendship, and tough love.

Karen was 71 years old and died Dec. 29, 2021.

Rest in peace, Karen.

**DID YOU KNOW?**

1 in 3 people over the age of 60 have hearing loss.

HEARING LOSS IS ABOUT **2X** AS COMMON IN ADULTS with diabetes.

**20%** A recent study suggests that for every 10 DB LOSS in your hearing, your risk of Alzheimer's increases by 20%.



## LNS Captioning

Thanks to Our Friends in the  
Hearing Loss Association of Oregon  
for Your Support!



[www.LNSCaptioning.com](http://www.LNSCaptioning.com)

Have you had your hearing checked recently?  
Schedule your appointment today with the hearing experts  
at Pacific EarClinic. (503) 352-2692

Tuality 7th Avenue Medical Plaza  
333 SE 7th Avenue, Suite 4150  
Hillsboro, OR 97123  
PacificEarClinic.org  
<https://bit.ly/3jTkj1O>

## Call to Action!

**Get your hearing screened.**  
What is a hearing screening?

A hearing screening is a quick, easy, and painless test that detects how well you hear sounds in each ear and identifies any hearing loss.

Based on the results, further testing may be recommended. A screening can be performed by many types of medical professionals; however, should the screening indicate a hearing loss, an audiologist should be consulted as soon as possible for a full evaluation.

**Did you know individuals experiencing hearing loss wait — on average — seven years before seeking medical advice?**

Spending almost an entire decade without proper attention to hearing care can impact your overall quality of life. We want you to be healthy and happy, so we urge you to get your hearing screened by an audiologist or visit with an otolaryngologist.

If you have trouble hearing others, you may take an online hearing test:

<https://www.nidcd.nih.gov/health/do-you-need-hearing-test>

Then follow that up — if need be — with your doctor. ■



## Your opportunity to become a vital part of HLAA-OR

*Do you have these skills? Can you help?*

### **Business Editor Job Description**

Primary Responsibilities:

- I. Recruit sponsors for the newsletter.
- II. Maintain two bulk mailing lists and email distribution list for newsletter distribution using Excel.
- III. Communicate all correspondence, updates with the editor.

- Recruit sponsors for the newsletter: There is both an annual recruitment for renewal of ads with current sponsors every spring and ongoing recruitment during the year.

- After each quarterly newsletter has been printed and mailed, the printer sends to the business editor an updated list,

called NCOA, regarding bad addresses (cannot be forwarded) and change of addresses. Two bulk mailing lists are updated and saved for the next newsletter printing. Updating can be ongoing as these sources are received.

At the time of a new printing for the newsletter edition, all three bulk mailing lists must be sent to the printer.

- Communicate all correspondence and updates with the editor. Business Editor will forward all ad changes/updates from the sponsors to Editor.

Both Business Editor and Editor will build a file to store these ad changes for easy access at time of newsletter development. Any other cor-

respondence from sponsors or readers will also be stored, as needed.

Follow the HLAA account with the Eugene post office to ensure adequate funds for the next mailing.

Keep Lane Cty. Board member updated to send the Lane County bulk mailing list, on same date that the newsletter will be sent to the printer.

Assist in locating potential articles for the newsletter. Write draft articles as needed.

If you can help, send an email to [info@hearinglossOR.org](mailto:info@hearinglossOR.org). ■

# OTC Hearing Aids: A Positive for People with Hearing Loss

— by Shari Eberts (<https://livingwithhearingloss.com/my-blog/>)

Last week\* I was an invited panelist for an ASHA Special Interest Group (SIG 8 public health audiology) Webchat on Over-the-Counter (OTC) hearing aids.

*\*This article was written Jan. 18, 2022.*

The other panelists included: Karl Strom, the editor-in-chief at The Hearing Review; Jani Johnson, an assistant professor in the School of Communication Sciences and Disorders at the University of Memphis; and Kim Cavitt, the owner of Audiology Resources, an audiology consulting firm. I was pleased to share the consumer perspective on this important issue.

Attendance was strong — the highest of the group’s webchat series — indicating how seriously the industry is taking the emergence of OTC hearing aids. People raised concerns and shared worries, but the conversation focused primarily on how practitioners can best support people with hearing

loss. This was exciting to see.

The key topics of discussion included:

- How will OTC hearing aids impact hearing healthcare?
- Implications for people with hearing loss.

Below I share some of my comments from the discussion.

*Why am I excited about OTC hearing aids?*

While not appropriate for everyone, OTC aids fill an important gap in the marketplace for hearing care. Once available, millions of American adults with perceived mild-to-moderate hearing loss will benefit from access to high quality, reasonably priced devices to help them hear better.

*Here’s what excites me most:*

Competition benefits consumers. New entrants to an industry spark innovation across the channel. This is good news for traditional hearing aid users, too. More competition also usually pushes prices lower,

which may also mean reduced prices for traditional hearing aids.

Expanded use of hearing devices will reduce stigma. With easier access to inexpensive, high-quality devices, people with mild-to-moderate hearing loss may choose to treat their hearing loss earlier. As more people take steps to hear

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## HLAA 2022 convention

The HLAA 2022 Convention will be in Tampa, Fla., June 23-25, 2022.

HLAA is very excited to be hosting an in-person convention again. This coming year the exhibit hall, workshops, demo presentations, plenary sessions, social events, and Research Symposium will all be held under one roof at the brand new JW Marriott Tampa Water Street.

When you aren’t learning and networking at the “most communication accessible convention for people with hearing loss,” you can explore Tampa’s new Sparkman Wharf area or cruise down the local Riverwalk.

Begin to book your trip now. Registration opens Nov. 29, 2021.

Visit the convention page — <https://bit.ly/30s8LMo> — for more information.

**Be sure to register by March 4, 2022, to receive early-bird rates!** ■

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### DISCLAIMER

Opinions expressed in this newsletter are those of the individual author and are not necessarily those of HLAA-OR. Mention of products and services does not mean endorsement, nor should any exclusion actually indicate disapproval.

Personal experiences and diverse opinions related to hearing loss are welcome for publication and should be mailed to HLAA Oregon at the address listed below.

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## Do you qualify for a discount?

Oregon Lifeline is a federal and state government program that provides a discount of up to \$12.75 on phone or high-speed internet service with participating companies for qualifying low-income households.

### Apply if you receive:

- Supplemental Nutrition Assistance Program (SNAP)
- Medicaid
- Supplemental Security Income (SSI)
- Veterans or Survivors Pension
- Federal Public Housing Assistance, or
- Your total household income is at or below 135% of the federal poverty guidelines

### Proof of eligibility:

You may be required to provide proof that you qualify. Apply online, or print the application at:

[www.lifeline.oregon.gov/discount](http://www.lifeline.oregon.gov/discount)

<https://bit.ly/3xNbA5v>

email: [puc.rspf@state.or.us](mailto:puc.rspf@state.or.us)

Call (800) 848-4442

TTY (800) 648-3458 | VP (971) 239-5845

**Monday – Friday, 9 a.m. to 4 p.m.**

Lifeline is non-transferable.

The Lifeline discount is limited to one per household, consisting of either phone (landline or wireless) or high-speed internet service.



## Having trouble hearing on the phone?

Specialized telephone equipment or tablets are available at no cost to Oregon residents who have a loss in:

**Hearing • Mobility Cognition • Vision • Speech**

Let us help select the technology that will work best for you.

(800) 848-4442 | TTY (800) 648-3458 | VP (971) 239-5845

**Monday – Friday, 9 a.m. to 4 p.m.**



Info/application:

<https://bit.ly/3EjBhhL>

email: [puc.rspf@state.or.us](mailto:puc.rspf@state.or.us)



# Chapters in Oregon

Local chapter meetings are open to all. Check ahead of time, due to Covid 19. Family, friends, and professionals are encouraged to attend and become involved.

We believe in education — for those who hear well and those who cannot — so that both may understand the causes, challenges, and possible remedies

for hearing loss. At our meetings, you'll find a comfortable place where hearing loss is accepted and not a problem. Many people report that being a part of a Hearing Loss Assoc. group has made a major difference in their lives.

Below are some of the current chapters and contact people in Oregon. ■

HLAA-Portland: We have virtual meetings monthly on the third Saturday at 10 am using Zoom. Our meetings are captioned using both CART and ASR. To be notified of every meeting, please email us at [hlaportland@gmail.com](mailto:hlaportland@gmail.com) and ask to be on our newsletter email list. Contact Mark Foster, President; email: [hlaportland@gmail.com](mailto:hlaportland@gmail.com). Write P.O. Box 2112, Portland, OR 97208-2112; [www.hlaa-or.org/portland-chapter.html](http://www.hlaa-or.org/portland-chapter.html).

HLAA of Lane County meets quarterly: second Thursday in March, June, Sept., and Dec., at 7 p.m. at the Hilyard Community Center, 2580 Hilyard St., Eugene. Please check to see if Covid 19 infections mandate otherwise. Contact Clark Anderson — [clarkoa@msn.com](mailto:clarkoa@msn.com)  
Mail: P.O. Box 22501, Eugene, OR 97402.

Note: HLAA of Douglas County no longer meets the requirements for a 501(c)(3) nonprofit. Reinstatement may occur, but right now this group meets as a support group. Contacts: Vincent Portulano, president, email: [HLAADC@outlook.com](mailto:HLAADC@outlook.com); or Ann Havens, secretary, 541/673-3119. Check with them for location for meetings and time.

## Protection for deaf, hard of hearing drivers

**Starting Jan. 3**, Oregonians who are deaf or hard of hearing can add that to their vehicle registration, driver license, permit or ID card through [DMV2U.Oregon.gov](http://DMV2U.Oregon.gov). The option places an indicator on their record, allowing Oregon officers to see the indicator from their patrol vehicles when they run the license plate or license number.

“This ... is geared to build trust and cooperation between more than one million Oregonians with hearing loss and ... law enforcement.

This new service is part of ODOT's commitment to transportation safety.

## ‘Wonderstruck’ in words and illustrations - Brian Selznick

Ben and Rose secretly wish for better lives. Ben longs for the father he has never known. Rose dreams of a mysterious actress whose life she chronicles in a scrapbook.

When Ben discovers a puzzling clue in his mother's room and Rose reads an enticing headline in the newspaper, both children set out alone on des-

perate quests to find what they are missing. Set 50 years apart, these two independent stories - Ben's told in words, Rose's in pictures - weave back and forth in symmetry.

Through *Deaf Eyes*, a PBS documentary about deafness and Deaf culture, gave Selznick the idea for *Wonderstruck*. He learned from a deaf educator

in the documentary that deaf people are “hyper-attuned ... to the visual world.” The detail led Selznick to illustrate a story about a deaf character. He is a Caldecott medalist and book-maker.

This book is \$15.90 online; less for used copies, and best for those 9 and up, fourth through sixth grade.



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make our work  
possible.

### *OTC, continued from page 8*

better, the stigma often associated with the use of hearing assistance will fade.

People will then demand to hear well in public places. When a broader portion of the population uses devices to hear better where they are, they may soon demand to hear well everywhere, increasing demand for hearing access at theaters, lectures, and other public places. This will benefit us all.

Audiologists will evolve into communication specialists. With competition, expertise in counseling and aural rehabilitation will take center stage. With higher demand, perhaps these services will be covered by insurance over time.

Audiologists, who are important partners in our hearing care, can support consumers who choose to use OTC devices. They can offer counseling and education. Share communication best practices and tips and tricks with OTC hearing aid users. Not only will these help make their devices more effective, it will set you up as an expert they can turn to in the future. Consumers may be willing to pay out-of-pocket for these services if they are not covered by insurance.

Try the devices yourself so you can point new patients to the best ones. Include your favorites in your product offering to meet the needs of a wider variety of hearing technology seekers. OTC devices could also make great low-cost back-up devices for existing clients.



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**Hear it is! Oregon Winter 2022 newsletter**

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Enclosed is my contribution of \$\_\_\_\_\_ to support the Hearing Loss Association outreach programs in Oregon. Contributions will be acknowledged in the next issue.

I wish to remain anonymous.

I cannot contribute but would like to receive the newsletter.

I want to join **Hearing Loss Association of America**, the National Organization. Please enroll me as a member. I'm including my membership fee (see page 4 for fee schedule).

Or you can sign up online at [www.hlaa-or.org](http://www.hlaa-or.org). Click "membership," then "application."

**Hearing Loss Association of America, Oregon State Association, Inc.** is a 501(c)(3) charity and depends on donations and grants. All personnel are volunteers. Please send your donation to support our efforts to HLAA, Oregon State Association, P.O. Box 22501, Eugene, OR 97402.